



Womb Coaching

CERTIFICATION PROGRAM

PRESENTED BY THE INSTITUTE OF SHAMANIC MEDICINE

When we own
our feminine
womb power we
stand in our
birthright – free,
unapologetic,
yet loving,
compassionate,
courageous and
powerfully
vulnerable.

Womb Coaching focuses on and assists in the healing of the sacred feminine container; healing the womb space of birthing and power.

It could be healing from a difficult birth experience, a sexual or physical violation or just a deep desire to know the power of the feminine. Womb coaching gives you the knowledge, tools, techniques and resources to facilitate healing within yourself and within other women.

- Assist other women in healing their womb space
- Become a spiritual midwife
- Learn the ancient power of birthing
- Foster powerful feminine presence
- Encourage the return of feminine sovereignty
- Re-imagine balanced feminine power and empowerment
- Discover the true heart power of the feminine

join us...

TUESDAY EVENINGS » 6PM - 9PM PST
AND TWO SATURDAYS » 9AM – 5PM PST

REGISTER NOW: info@shamanicmedicine.ca
or phone 1-877-329-8668

The womb certification program is a 6-month online program with one evening class per week and two full days (Saturday). There is a coaching component for those who do not have a coaching or therapy certification as an addendum to the program.

What will we be exploring during the Womb Coaching Program?

The womb coaching program is a 6-month journey to discover the power of our wombs from the spiritual and physical understanding of birthing as women of power. When we as women awaken and heal our womb space we make available to others a deep knowing and an inner pathway of healing. During this 6-month program you will have an opportunity to delve into your own womb imbalances and you will learn to support others in their healing. We will explore the underlying energetic and spiritual imbalances of the following topics and much more: menstrual, menopausal and fertility issues, disconnection from deep intuitive knowing and sovereign power, manifesting dreams and having full impact, harmony and support between women, and navigating feminine losses and transitions.

What will you be able to do after the Womb Coaching Program?

- You will learn techniques and skills to support your self-healing and others healing.
- You will refine your ability to offer skillful womb coaching to others.
- You will develop an ability to connect physical and psychology issues with the underlying energetic and spiritual imbalances.
- Your Womb Coaching skills will help others to heal concerns and issues that have not healed with talk therapy and bodywork.

What does the training involve?

- There will be online teaching and exercises every Tuesday evening from 6–9 pm PST and two full day sessions from 9am–5pm that are mandatory for you to attend. You must attend and engage in at least 80% of the online classes to qualify to receive your certification in this program. We ask that you be on time to each session. If there is a class you are unable to attend the classes are recorded and a link will be sent to you the next day.
- You will participate with others in break-out rooms online to practice your coaching skills. During this time you will be giving feedback and receiving feedback from fellow participants and your instructors.
- There will be two opportunities to have a one-on-one session with one of your mentors during the 6-month program. This provides an opportunity to receive guidance with your personal healing journey and assistance with challenges that may arise with learning to coaching others.
- You will have weekly homework assignments that will require 1–3 hours a week.
- You will need to acquire some extra supplies that will may cost up to \$300–\$400.

Note: If you do not have experience working 1:1 with clients in a coaching/ counselling capacity and would like to be certified as a womb coach you can develop these skills with our staff outside of the womb coaching program at a reduced cost.

testimonials

"I tried for over a year to get pregnant and working with Gael made me realize I had to change. I had no space in my life to bring in a child. As I learned to dedicate and ready myself to get pregnant and bring a child into the world I got pregnant! So grateful!"

R.L.

"As a Midwife and Gynecology practitioner for many years, I have seen women young to the elderly go through the many stages of life. In my development of my womb space and 'womb being' I notice the difference it makes in how I work with my clients in my practice and how they grow in knowing who they are and what they can achieve. 'Womb power' is a real and potent force in powerful and authentic living."

M.A.

"When I saw Sheryl I was having such terrible cramps that I couldn't sit up straight. She helped me to clear my womb energy and showed me how to do it for myself. By the end of the session I was almost pain-free."

S.Z.

FACILITATED BY:

Gael Carter | Co-founder of the Institute of Shamanic Medicine. www.shamanicmedicine.ca

Sheryl-Dawn Watson | A shamanic practitioner and body centred therapist who specializes in womb coaching, sexual awareness and intimacy coaching. www.sheryl-dawn.com